

SHOULDER/ELBOW CLINIC

CC:

Duration of symptoms:

Aggravating factors:

Relieving factors:

Occupation, hand dominance:

Prior Tx:

HPI:

PMH:

PSH:

Meds:

SHOULDER

Scars:

ROM:

AFE/PFE

ABD

ER

IR

Crepitus:

STRENGTH

ABD

ER

IR

Neers

Hawkins

Pain AC joint w cross-arm adduction

TTP AC joint

Speeds

Yergasons

OBriens

DLST

Apprehension

Jerk test

Hornblowers

Drop-arm sign

ELBOW

Scars:

ROM:

(Ext → Flex) (Pro/Sup)

Crepitus:

Ulnar nerve sublux?

TTP:

TEST:

Moving valgus stress test

Milking maneuver

Chair sign

Push-up sign

Pivot shift